PROTOCOL FOR DETERMINING APP USAGE ON iPAD/iPHONE DEVICES

1. Go to Settings on your iPad/iPhone device by selecting the Settings icon.



2. Once in Settings, scroll down and click the Battery icon.

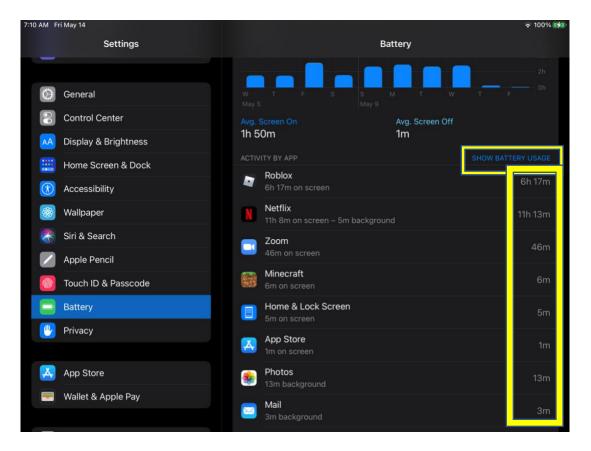
© 100% II 🕫 100% II						
Settings			Notifications			
\bigcirc	General	Show	v Previews	Always		
	Control Center	Notifi	cation previews will be shown whether iPad is locked or unlocked.			
AA	Display & Brightness	Anno	ounce Messages with Siri	On		
	Home Screen & Dock					
Ť	Accessibility		Suggestions			
*	Wallpaper		se which apps can suggest Shortcuts on the lock screen. FICATION STYLE			
	Siri & Search		App Store			
	Apple Pencil		Banners, Sounds, Badges			
	Touch ID & Passcode		Books Banners, Sounds			
	Battery		BrainPOP ^{Off}			
	Privacy		Calendar ^{Off}			
A	App Store	2	Chess ^{Off}			
	Wallet & Apple Pay	Sent	Disney+ Off			
			FaceTime		5	

3. Select the button Last 10 Days to see how much total screen time was spent on apps over the past 10 days.

7:09 AM Fri May 14		🗢 100% 💋
Settings	Battery	
	Battery Percentage	
🔅 General		
Control Center	Last 24 Hours Last 10 Days	
AA Display & Brightness	Last Charged to 100% Wed 6:20 PM	
Home Screen & Dock		
G Accessibility	BATTERY LEVEL	100%
籋 Wallpaper	XXXX	50%
💦 Siri & Search		0%
Apple Pencil		
Touch ID & Passcode		
Battery	9 12 P 3 6 9 12 A 3 6 May 13 May 14	— 0m
🖐 Privacy	Screen On Screen Off	
	14m 2m	
🙏 App Store		
🚍 Wallet & Apple Pay	Netflix Connected to Charger	
	Photos	

4. To see how much screen time was spent on apps, select Show Activity. This will change the % to hours and minutes per app.

10 AM F	'i May 14		🗢 100% 📢
	Settings	Battery	
	General		2h 0h
90	Control Center	May 5 May 9 Avg. Screen On Avg. Screen Off 1h 50m 1m	
AA EEE	Display & Brightness Home Screen & Dock	BATTERY USAGE BY APP	SHOW ACTIVITY
	Accessibility	Roblox	54%
	Wallpaper Siri & Search	Zoom	8%
	Apple Pencil	Minecraft	1%
	Touch ID & Passcode Battery	App Store	-
	Privacy	Photos Connected to Charger	
Å	App Store	Connected to Charger	-
	Wallet & Apple Pay	Connected to Charger	-
		Shows proportion of battery used by each app.	



- 5. Make sure each App has an hour/minute next to (and not a %). Take a screenshot of the screen with this information. Please take a screenshot from the very top of the screen and continue to scroll down to take a screenshot that includes each app used until the bottom. Please make sure to take screenshot of all apps used! You will need to scroll down on your phone to make sure you take a screenshot of all apps.
 - a. Taking a Screenshot:
 - i. Do one of the following:
 - 1. *On an iPhone with Face ID:* Simultaneously press and then release the side button and volume up button.



2. On an iPhone with a Home button: Simultaneously press and then release the Home button and the side button or Sleep/Wake button (depending on your model).



3. On an iPad with a Home button: Simultaneously press and then release the Home button and the side button or Sleep/Wake button (depending on your model).

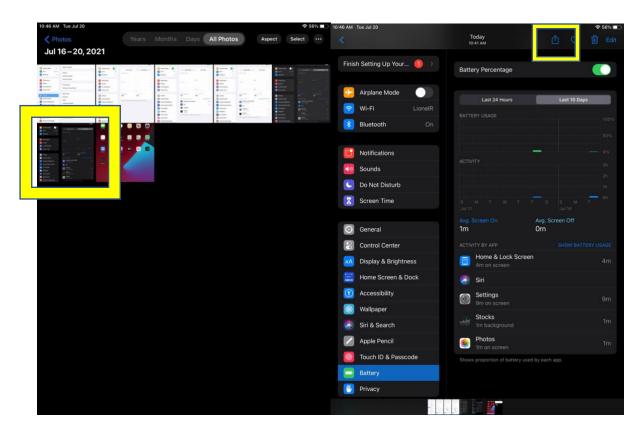


- ii. Tap the screenshot in the lower-left corner, then tap Done.
- iii. Choose Save to Photos, Save to Files, or Delete Screenshot.
- b. For more information on taking screenshots, please visit <u>https://support.apple.com/guide/iphone/take-a-screenshot-or-screen-</u> recording-iphc872c0115/ios

Please note: If you are uncomfortable sending a screenshot that shows information about certain apps used on the device, we encourage you to digitally draw over or black out any sensitive information. This can be done with the pen and marker symbols that appear immediately after the screenshot is taken, or with the "markup" button when editing the screenshot. 6. To share the screenshots, open your photo library



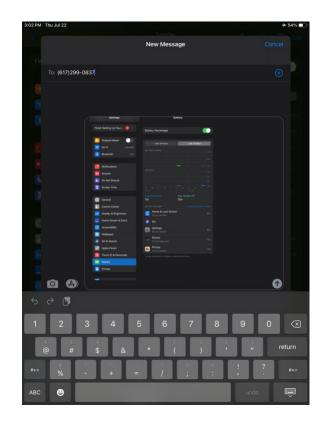
a. Select one photo you want to share and Tap



b. Select the remaining photos you want to share



- 7. Choose a sharing option:
 - a. "Messages" (for texts, send to (617) 299-0837):



b. "Email" (send to: APPS.harvard@gmail.com)

